



Home Learning Guide: Structuring the Day

Home learning is a new experience for your children, their teachers and you as parents and carers. The next few months will undoubtedly be challenging for us all but we'd like to reassure you that we are here for you and will support your family as you begin home schooling.

It is so important to remember that learning happens and children thrive when they feel happy, safe and supported so their well-being is the first priority. Make time in the day to ask them how they are feeling and talk to them about their concerns or worries. All children learn differently and will enjoy some tasks more than others so providing them with a range of different learning opportunities will be key.

When children attend school, they are used to having a timetable to help structure the day. Establishing a routine at home will help you and your child to understand what they are expected to do; there are many excellent examples being shared on social media pages that can be personalised to suit you and your family. Consider including a balance of indoor and outdoor activities; include creative tasks and opportunities for children to make choices about what they would like to learn.

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 – 9:30	PE	PE	PE	PE	PE
9:30 – 10:15	Literacy	Literacy	Literacy	Literacy	Literacy
	Break time	Break time	Break time	Break time	Break time
10:15 – 11:15	Numeracy	Numeracy	Numeracy	Numeracy	Numeracy
11:15 – 12:00	Art and Craft	Art and Craft	Art and Craft	Art and Craft	Art and Craft
	Lunch time	Lunch time	Lunch time	Lunch time	Lunch time
13:00 – 13:30	Reading/Spelling	Reading/Spelling	Reading/Spelling	Reading/Spelling	Reading/Spelling
13:30 – 15:00	Free Choice	Free Choice	Free Choice	Free Choice	Free Choice

Managing Behaviour

Why not consider creating a home learning agreement/rules with your children? Ask them to think about 5 positive ideas to make their learning time purposeful e.g. 'I will persevere when things are challenging', or 'I will focus on my learning tasks'.

Try and create your own Class Dojo at home by giving the children points for their brilliant effort or positive attitudes! Decide on a daily or weekly reward that they can earn by following the rules. Some ideas include, a family movie and popcorn or pancakes for breakfast!